

## 12 Deep Inquiry Writing Prompts for Creative Growth

- What is the biggest fear holding me back in my creative work, and where does it stem from?
- What story am I telling myself about my creative abilities, and is it true?
- When do I feel most creatively blocked, and what patterns lead me to that feeling?
- What am I avoiding in my creative practice, and why do I resist it?
- How do I respond to failure or mistakes in my art, and what belief drives that response?
- What would I create if I wasn't afraid of judgment or criticism?
- Where in my creative life am I playing small to feel safe, and what would happen if I stepped beyond that?
- What belief about myself have I outgrown, and how can I reframe it to reflect who I am becoming?
- How do I define success in my art, and is that definition serving me?
- What am I afraid of losing if I fully pursue my creative dreams?
- How does perfectionism show up in my creative process, and what can I do to release it?
- What opportunity for growth lies in the creative challenges I'm facing right now?